

steamboat school district

Feb 1, 2010 thru Feb 28, 2010 Spreadsheet - Portion Values Elementary Lunch

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Jan 25, 2010

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Mon - 02/01/2010																
Elementary Lunch	Total	265														
GRILLED CHEESE SANDWICH- H	SANDWIC	1	551	6	1863	3.40	5.69	580.3	1210	242	0.00	24.94	72.51	17.39	3.28	*0.00
TOMATO SOUP	.5 cup	1	37	0	332	0.73	0.66	9.8	234	34	7.69	0.96	8.02	0.34	0.09	*0.00
DELI BAR ELEM: THURSDAY	1 EACH	15	375	34	847	4.27	2.11	147.3	422	76	2.19	20.21	41.22	15.23	3.44	*0.00
Fruit & Veggie Bar: Basic	8 oz	250	211	1	210	4.25	2.42	72.6	10985	1658	73.12	4.98	42.05	3.86	0.69	*0.00
MILK :Re-2	1 cup	265	146	12	144	0.44	0.21	348.7	409	114	0.93	8.86	21.79	2.43	1.60	*0.00
Weighted Daily Average			368	14	399	4.70	2.64	427.7	10801	1683	70.06	14.80	64.10	7.00	2.45	*0.00
% of Calories												16.1%	69.6%	17.1%	6.0%	0.0%
RDA's			654	150	1200	4.50	3.30	267.00	1099		15.00	9.04	0.00	30.00	10.00	
% of RDA Satisfied			56%	10%	33%	105%	80%	160%	983%		467%	164%				
Shortfall			285	136	801		0.66									

Tue - 02/02/2010																
Elementary Lunch	Total	225														
SWEET AND SOUR PORK RE-2	1/2 CUP	1	150	36	482	0.68	0.72	19.0	1848	354	8.98	13.75	11.51	5.31	1.77	*0.00
RICE, WHITE: Re-2	1/2 CUP	1	108	0	23	0.36	1.11	4.5	81	18	0.00	1.71	20.26	1.96	0.42	*0.00
DELI BAR ELEM.: WEDNESDAY	EACH	25	316	34	825	4.47	2.38	137.4	310	62	3.50	21.21	37.06	9.36	2.82	*0.00
Fruit & Veggie Bar: Basic	8 oz	225	211	1	210	4.25	2.42	72.6	10985	1658	73.12	4.98	42.05	3.86	0.69	*0.00
MILK :Re-2	1 cup	225	146	12	144	0.44	0.21	348.7	409	114	0.93	8.86	21.79	2.43	1.60	*0.00
Weighted Daily Average			393	16	449	5.19	2.90	436.7	11437	1780	74.47	16.27	68.10	7.36	2.61	*0.00
% of Calories												16.5%	69.3%	16.8%	6.0%	0.0%
RDA's			654	150	1200	4.50	3.30	267.00	1099		15.00	9.04	0.00	30.00	10.00	
% of RDA Satisfied			60%	11%	37%	115%	88%	164%	1041%		496%	180%				
Shortfall			260	134	751		0.40									

Wed - 02/03/2010																
Elementary Lunch	Total	195														
Egyptian style chicken	5 oz	1	629	129	639	14.51	3.79	92.1	130	23	18.98	51.58	61.24	20.44	5.01	*0.00
DELI BAR ELEM: THURSDAY	1 EACH	25	375	34	847	4.27	2.11	147.3	422	76	2.19	20.21	41.22	15.23	3.44	*0.00
Fruit & Veggie Bar: Basic	8 oz	200	211	1	210	4.25	2.42	72.6	10985	1658	73.12	4.98	42.05	3.86	0.69	*0.00
MILK :Re-2	1 cup	215	146	12	144	0.44	0.21	348.7	409	114	0.93	8.86	21.79	2.43	1.60	*0.00
Weighted Daily Average			429	19	487	5.46	3.00	478.3	11772	1836	76.39	17.74	72.76	8.70	2.93	*0.00
% of Calories												16.6%	67.9%	18.3%	6.2%	0.0%
RDA's			654	150	1200	4.50	3.30	267.00	1099		15.00	9.04	0.00	30.00	10.00	
% of RDA Satisfied			66%	12%	41%	121%	91%	179%	1071%		509%	196%				
Shortfall			225	131	713		0.30									

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steamboat school district

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Elementary Lunch

Jan 25, 2010

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	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calc	IU Vit-A	RE Vit-A	mg Vit-C	g Protin	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Thu - 02/04/2010																
Elementary Lunch	Total	265														
Pizza Cheese Stuffed Crust #78	1	1	392	25	1045	1.93	2.97	409.9	666	133	0.55	19.94	45.89	14.46	5.89	*0.00
DELI BAR ELEM: THURSDAY	1 EACH	15	375	34	847	4.27	2.11	147.3	422	76	2.19	20.21	41.22	15.23	3.44	*0.00
Fruit & Veggie Bar: Basic	8 oz	250	211	1	210	4.25	2.42	72.6	10985	1658	73.12	4.98	42.05	3.86	0.69	*0.00
MILK :Re-2	1 cup	265	146	12	144	0.44	0.21	348.7	409	114	0.93	8.86	21.79	2.43	1.60	*0.00
Weighted Daily Average			368	14	395	4.70	2.62	427.1	10798	1683	70.03	14.78	63.97	6.99	2.46	*0.00
% of Calories												16.1%	69.6%	17.1%	6.0%	0.0%
RDA's			654	150	1200	4.50	3.30	267.00	1099		15.00	9.04	0.00	30.00	10.00	
% of RDA Satisfied			56%	10%	33%	104%	79%	160%	983%		467%	164%				
Shortfall			286	136	805		0.68									

Fri - 02/05/2010																
Elementary Lunch	Total	1														
NO SCHOOL TODAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories												0.0%	0.0%	0.0%	0.0%	0.0%
RDA's			654	150	1200	4.50	3.30	267.00	1099		15.00	9.04	0.00	30.00	10.00	
% of RDA Satisfied			0%	0%	0%	0%	0%	0%	0%		0%	0%				
Shortfall			654	150	1200	4.50	3.30	267.00	1099		15.00	9.04		OVER	OVER	

Mon - 02/08/2010																
Elementary Lunch	Total	200														
Teriyaki Chicken	1/2 cup	1	360	76	2037	7.20	3.35	70.9	6578	732	14.87	30.56	46.61	7.06	1.88	*0.00
RICE, WHITE: Re-2	1/2 CUP	1	108	0	23	0.36	1.11	4.5	81	18	0.00	1.71	20.26	1.96	0.42	*0.00
DELI BAR ELEM: MONDAY	EACH	25	402	42	869	3.91	2.51	150.4	517	118	6.53	20.49	52.51	12.47	3.95	0.03
Fruit & Veggie Bar: Basic	8 oz	200	211	1	210	4.25	2.42	72.6	10985	1658	73.12	4.98	42.05	3.86	0.69	*0.00
MILK :Re-2	1 cup	215	146	12	144	0.44	0.21	348.7	409	114	0.93	8.86	21.79	2.43	1.60	*0.00
Weighted Daily Average			421	19	485	5.25	2.98	466.6	11522	1799	75.01	17.23	72.38	8.08	2.91	*0.00
% of Calories												16.4%	68.8%	17.3%	6.2%	0.0%
RDA's			654	150	1200	4.50	3.30	267.00	1099		15.00	9.04	0.00	30.00	10.00	
% of RDA Satisfied			64%	13%	40%	117%	90%	175%	1048%		500%	191%				
Shortfall			233	131	715		0.32									

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	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Tue - 02/09/2010																
Elementary Lunch	Total	225														
TACOS, BEEF RE-2	1 each	1	259	38	686	2.92	2.66	157.3	470	81	6.01	14.67	23.56	11.50	4.80	*0.00
RICE, WHITE: Re-2	1/2 CUP	1	108	0	23	0.36	1.11	4.5	81	18	0.00	1.71	20.26	1.96	0.42	*0.00
Refried Beans Re-2	1/4 cup	1	80	8	238	3.37	1.08	88.5	36	7	3.81	5.98	10.15	1.78	0.92	*0.00
DELI BAR ELEM: Tuesday	EACH	25	414	36	747	6.09	2.79	208.0	342	70	3.17	23.13	58.55	10.47	3.18	*0.00
Fruit & Veggie Bar: Basic	8 oz	225	211	1	210	4.25	2.42	72.6	10985	1658	73.12	4.98	42.05	3.86	0.69	*0.00
MILK :Re-2	1 cup	225	146	12	144	0.44	0.21	348.7	409	114	0.93	8.86	21.79	2.43	1.60	*0.00
Weighted Daily Average			405	17	442	5.39	2.96	445.5	11434	1780	74.44	16.51	70.59	7.52	2.67	*0.00
% of Calories												16.3%	69.7%	16.7%	5.9%	0.0%
RDA's			654	150	1200	4.50	3.30	267.00	1099		15.00	9.04	0.00	30.00	10.00	
% of RDA Satisfied			62%	11%	37%	120%	90%	167%	1040%		496%	183%				
Shortfall			249	133	758		0.34									

Wed - 02/10/2010																
Elementary Lunch	Total	225														
PASTA BAR	1.5 cup	1	306	43	670	4.62	2.38	47.2	1440	288	13.08	17.51	29.71	13.13	3.50	*0.44
roll, house made	2 oz	1	145	0	293	1.12	1.53	1.1	0	0	0.70	3.27	25.44	2.73	0.38	*0.00
DELI BAR ELEM.: WEDNESDAY	EACH	25	316	34	825	4.47	2.38	137.4	310	62	3.50	21.21	37.06	9.36	2.82	*0.00
Fruit & Veggie Bar: Basic	8 oz	225	211	1	210	4.25	2.42	72.6	10985	1658	73.12	4.98	42.05	3.86	0.69	*0.00
MILK :Re-2	1 cup	225	146	12	144	0.44	0.21	348.7	409	114	0.93	8.86	21.79	2.43	1.60	*0.00
Weighted Daily Average			394	16	451	5.21	2.91	436.8	11435	1780	74.50	16.29	68.21	7.40	2.61	*0.00
% of Calories												16.5%	69.2%	16.9%	6.0%	0.0%
RDA's			654	150	1200	4.50	3.30	267.00	1099		15.00	9.04	0.00	30.00	10.00	
% of RDA Satisfied			60%	11%	38%	116%	88%	164%	1040%		497%	180%				
Shortfall			260	134	749		0.39									

Thu - 02/11/2010																
Elementary Lunch	Total	195														
buffalo hot dog	1 each	1	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
DELI BAR ELEM: THURSDAY	1 EACH	25	375	34	847	4.27	2.11	147.3	422	76	2.19	20.21	41.22	15.23	3.44	*0.00
Fruit & Veggie Bar: Basic	8 oz	200	211	1	210	4.25	2.42	72.6	10985	1658	73.12	4.98	42.05	3.86	0.69	*0.00
MILK :Re-2	1 cup	215	146	12	144	0.44	0.21	348.7	409	114	0.93	8.86	21.79	2.43	1.60	*0.00
Weighted Daily Average			425	18	484	5.39	2.98	477.8	11772	1836	76.30	17.47	72.44	8.59	2.91	*0.00
% of Calories												16.4%	68.1%	18.2%	6.1%	0.0%
RDA's			654	150	1200	4.50	3.30	267.00	1099		15.00	9.04	0.00	30.00	10.00	
% of RDA Satisfied			65%	12%	40%	120%	90%	179%	1071%		509%	193%				
Shortfall			228	132	716		0.32									

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Elementary Lunch

Jan 25, 2010

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	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calc	IU Vit-A	RE Vit-A	mg Vit-C	g Protin	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Fri - 02/12/2010																
Elementary Lunch	Total	265														
Pizza Cheese Stuffed Crust #78	1	1	392	25	1045	1.93	2.97	409.9	666	133	0.55	19.94	45.89	14.46	5.89	*0.00
DELI BAR ELEM: THURSDAY	1 EACH	15	375	34	847	4.27	2.11	147.3	422	76	2.19	20.21	41.22	15.23	3.44	*0.00
Fruit & Veggie Bar: Basic	8 oz	250	211	1	210	4.25	2.42	72.6	10985	1658	73.12	4.98	42.05	3.86	0.69	*0.00
MILK :Re-2	1 cup	265	146	12	144	0.44	0.21	348.7	409	114	0.93	8.86	21.79	2.43	1.60	*0.00
Weighted Daily Average			368	14	395	4.70	2.62	427.1	10798	1683	70.03	14.78	63.97	6.99	2.46	*0.00
% of Calories												16.1%	69.6%	17.1%	6.0%	0.0%
RDA's			654	150	1200	4.50	3.30	267.00	1099		15.00	9.04	0.00	30.00	10.00	
% of RDA Satisfied			56%	10%	33%	104%	79%	160%	983%		467%	164%				
Shortfall			286	136	805		0.68									

Mon - 02/15/2010																
Elementary Lunch	Total	1														
NO SCHOOL TODAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories												0.0%	0.0%	0.0%	0.0%	0.0%
RDA's			654	150	1200	4.50	3.30	267.00	1099		15.00	9.04	0.00	30.00	10.00	
% of RDA Satisfied			0%	0%	0%	0%	0%	0%	0%		0%	0%				
Shortfall			654	150	1200	4.50	3.30	267.00	1099		15.00	9.04		OVER	OVER	

Tue - 02/16/2010																
Elementary Lunch	Total	1														
NO SCHOOL TODAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories												0.0%	0.0%	0.0%	0.0%	0.0%
RDA's			654	150	1200	4.50	3.30	267.00	1099		15.00	9.04	0.00	30.00	10.00	
% of RDA Satisfied			0%	0%	0%	0%	0%	0%	0%		0%	0%				
Shortfall			654	150	1200	4.50	3.30	267.00	1099		15.00	9.04		OVER	OVER	

Wed - 02/17/2010																
Elementary Lunch	Total	1														
NO SCHOOL TODAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories												0.0%	0.0%	0.0%	0.0%	0.0%
RDA's			654	150	1200	4.50	3.30	267.00	1099		15.00	9.04	0.00	30.00	10.00	
% of RDA Satisfied			0%	0%	0%	0%	0%	0%	0%		0%	0%				
Shortfall			654	150	1200	4.50	3.30	267.00	1099		15.00	9.04		OVER	OVER	

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Thu - 02/18/2010																
Elementary Lunch	Total	1														
NO SCHOOL TODAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories												0.0%	0.0%	0.0%	0.0%	0.0%
RDA's			654	150	1200	4.50	3.30	267.00	1099		15.00	9.04	0.00	30.00	10.00	
% of RDA Satisfied			0%	0%	0%	0%	0%	0%	0%		0%	0%				
Shortfall			654	150	1200	4.50	3.30	267.00	1099		15.00	9.04		OVER	OVER	

Fri - 02/19/2010																
Elementary Lunch	Total	1														
NO SCHOOL TODAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories												0.0%	0.0%	0.0%	0.0%	0.0%
RDA's			654	150	1200	4.50	3.30	267.00	1099		15.00	9.04	0.00	30.00	10.00	
% of RDA Satisfied			0%	0%	0%	0%	0%	0%	0%		0%	0%				
Shortfall			654	150	1200	4.50	3.30	267.00	1099		15.00	9.04		OVER	OVER	

Mon - 02/22/2010																
Elementary Lunch	Total	200														
pasta primavera	6 oz	1	228	2	897	5.14	2.07	65.3	11052	2151	121.45	7.43	41.11	3.66	0.77	*0.00
roll, house made	2 oz	1	145	0	293	1.12	1.53	1.1	0	0	0.70	3.27	25.44	2.73	0.38	*0.00
DELI BAR ELEM: MONDAY	EACH	25	402	42	869	3.91	2.51	150.4	517	118	6.53	20.49	52.51	12.47	3.95	0.03
Fruit & Veggie Bar: Basic	8 oz	200	211	1	210	4.25	2.42	72.6	10985	1658	73.12	4.98	42.05	3.86	0.69	*0.00
MILK :Re-2	1 cup	215	146	12	144	0.44	0.21	348.7	409	114	0.93	8.86	21.79	2.43	1.60	*0.00
Weighted Daily Average			420	19	480	5.24	2.98	466.6	11544	1806	75.54	17.12	72.38	8.06	2.90	*0.00
% of Calories												16.3%	68.9%	17.3%	6.2%	0.0%
RDA's			654	150	1200	4.50	3.30	267.00	1099		15.00	9.04	0.00	30.00	10.00	
% of RDA Satisfied			64%	12%	40%	116%	90%	175%	1050%		504%	189%				
Shortfall			234	131	720		0.32									

Tue - 02/23/2010																
Elementary Lunch	Total	225														
MACARONI & CHEESE: RE-2/W/A MER.	1/2 cup	1	244	29	487	1.00	1.12	240.5	292	88	0.37	12.43	25.86	9.95	6.06	*0.00
LITTLE SMOKIES	5 ea.	1	130	32	437	0.00	0.58	0.0	0	0	3.89	6.48	0.00	11.34	4.86	*0.00
DELI BAR ELEM: Tuesday	EACH	25	414	36	747	6.09	2.79	208.0	342	70	3.17	23.13	58.55	10.47	3.18	*0.00
Fruit & Veggie Bar: Basic	8 oz	225	211	1	210	4.25	2.42	72.6	10985	1658	73.12	4.98	42.05	3.86	0.69	*0.00
MILK :Re-2	1 cup	225	146	12	144	0.44	0.21	348.7	409	114	0.93	8.86	21.79	2.43	1.60	*0.00

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	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calc	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Weighted Daily Average			405	17	442	5.37	2.95	445.5	11433	1780	74.42	16.50	70.46	7.55	2.69	*0.00
% of Calories											16.3%	69.7%	16.8%	6.0%	0.0%	
RDA's			654	150	1200	4.50	3.30	267.00	1099		15.00	9.04	0.00	30.00	10.00	
% of RDA Satisfied			62%	11%	37%	119%	89%	167%	1040%		496%	182%				
Shortfall			249	133	758		0.35									

Wed - 02/24/2010																
Elementary Lunch	Total	225														
CHICKEN,OVEN FRIED	SERVING	1	294	73	90	0.34	1.54	71.4	141	34	0.45	25.29	9.67	16.52	3.65	*0.00
mashed potato, idaho real	4 oz	1	100	0	388	1.25	0.45	25.0	0	0	4.50	2.50	21.25	1.25	0.00	0.00
GRAVY,CHICKEN:SCRATCH	2 TBSP	1	23	4	197	0.07	0.12	1.3	45	13	0.02	0.37	1.95	1.49	0.91	*0.00
DELI BAR ELEM.: WEDNESDAY	EACH	25	316	34	825	4.47	2.38	137.4	310	62	3.50	21.21	37.06	9.36	2.82	*0.00
Fruit & Veggie Bar: Basic	8 oz	225	211	1	210	4.25	2.42	72.6	10985	1658	73.12	4.98	42.05	3.86	0.69	*0.00
MILK :Re-2	1 cup	225	146	12	144	0.44	0.21	348.7	409	114	0.93	8.86	21.79	2.43	1.60	*0.00
Weighted Daily Average			394	17	450	5.19	2.90	437.0	11429	1779	74.46	16.33	68.11	7.41	2.62	*0.00
% of Calories											16.6%	69.2%	16.9%	6.0%	0.0%	
RDA's			654	150	1200	4.50	3.30	267.00	1099		15.00	9.04	0.00	30.00	10.00	
% of RDA Satisfied			60%	11%	37%	115%	88%	164%	1040%		496%	181%				
Shortfall			260	133	750		0.40									

Thu - 02/25/2010																
Elementary Lunch	Total	195														
pork souvlaki	4 oz	1	412	102	662	0.00	1.28	42.5	0	0	0.85	22.68	0.21	34.85	11.46	*0.00
RICE, WHITE: Re-2	1/2 CUP	1	108	0	23	0.36	1.11	4.5	81	18	0.00	1.71	20.26	1.96	0.42	*0.00
DELI BAR ELEM: THURSDAY	1 EACH	25	375	34	847	4.27	2.11	147.3	422	76	2.19	20.21	41.22	15.23	3.44	*0.00
Fruit & Veggie Bar: Basic	8 oz	200	211	1	210	4.25	2.42	72.6	10985	1658	73.12	4.98	42.05	3.86	0.69	*0.00
MILK :Re-2	1 cup	215	146	12	144	0.44	0.21	348.7	409	114	0.93	8.86	21.79	2.43	1.60	*0.00
Weighted Daily Average			428	19	487	5.39	3.00	478.0	11772	1836	76.30	17.60	72.55	8.78	2.97	*0.00
% of Calories											16.4%	67.8%	18.5%	6.2%	0.0%	
RDA's			654	150	1200	4.50	3.30	267.00	1099		15.00	9.04	0.00	30.00	10.00	
% of RDA Satisfied			65%	12%	41%	120%	91%	179%	1071%		509%	195%				
Shortfall			226	131	713		0.30									

Fri - 02/26/2010																
Elementary Lunch	Total	265														
Pizza Cheese Stuffed Crust #78	1	1	392	25	1045	1.93	2.97	409.9	666	133	0.55	19.94	45.89	14.46	5.89	*0.00
DELI BAR ELEM: THURSDAY	1 EACH	15	375	34	847	4.27	2.11	147.3	422	76	2.19	20.21	41.22	15.23	3.44	*0.00
Fruit & Veggie Bar: Basic	8 oz	250	211	1	210	4.25	2.42	72.6	10985	1658	73.12	4.98	42.05	3.86	0.69	*0.00
MILK :Re-2	1 cup	265	146	12	144	0.44	0.21	348.7	409	114	0.93	8.86	21.79	2.43	1.60	*0.00

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	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calc	IU Vit-A	RE Vit-A	mg Vit-C	g Protin	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Weighted Daily Average			368	14	395	4.70	2.62	427.1	10798	1683	70.03	14.78	63.97	6.99	2.46	*0.00
% of Calories												16.1%	69.6%	17.1%	6.0%	0.0%
RDA's			654	150	1200	4.50	3.30	267.00	1099		15.00	9.04	0.00	30.00	10.00	
% of RDA Satisfied			56%	10%	33%	104%	79%	160%	983%		467%	164%				
Shortfall			286	136	805		0.68									

Weighted Average			399	17	446	5.13	2.86	448.4	11339	1767	73.71	16.30	68.86	7.67	2.69	*0.00
												16.3%	69.0%	17.3%	6.1%	0.0%

Nutrient	Menu AVG	% of Cals	Target	% of Target	Miss Data	Shortfall	Error Messages (if any)
Calories	399		654	61%		255	Correction Required - Calories are Low
Cholesterol (mg)	17		150	11%			
Sodium (mg)	446		1200	37%			
Fiber (g)	5.13		4.50	114%			
Iron (mg)	2.86		3.30	87%		0.44	
Calcium (mg)	448.4		267.00	168%			
Vitamin A (IU)	11339		1099	1032%			
Vitamin A (RE)	1767		220	804%			
Vitamin C (mg)	73.71		15.00	491%			
Protein (g)	16.30	16.34%	9.04	180%			
Carbohydrate (g)	68.86	69.04%	0.00				
Total Fat (g)	7.67	17.31%	<30.00				
Saturated Fat (g)	2.69	6.07%	<10.00				
Trans Fat (g)	0.00	0.00%					

Note: * - asterisk denotes nutrients with either missing or incomplete nutrient data.

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